



On October 25th, 2025, we will be hosting the third annual "Run For Your Life 5K" at the Richard G. Snyder YMCA in Kittanning, PA.

The proceeds from this race will go towards paying for CPR and AED training. Greg Woodman and Vicki Williams are both alive and well thanks to bystander CPR. Without this lifesaving technique, these two individuals would not be with us. Join us in honoring their wish to encourage the public to learn about CPR.

Activities at the event will include:

CPR demonstrations

Tours of a Ford City Ambulance

Basket Raffle

Gravy Griddle Food Truck

Funky Monkey Donuts

Groundhog Grindz Coffee

Included with your sponsorship this year is an *exclusive chance to win an AED (Automated External Defibrillator) for your business. The sponsorship tier you choose will determine how many entries you receive, the higher the tier, the more chances to win!* The drawing for the AED will take place immediately following the race awards.

Attached you will find an application for sponsorship / a race flyer / and most importantly, the reason this is happening.

Thank you for your consideration and support. Your sponsorship will go toward education and training in the community on the benefits of CPR.

Sincerely,



PO BOX 671 KITTANNING, PA 16201

runwithheartfoundation.org



On Saturday October 25th, 2025, the Run With Heart Foundation will be hosting the third annual “Run For Your Life” 5K event. Funds raised at the 5K pay for CPR and AED training for members of the community that are interested in learning CPR.

This event is inspired by two separate out-of-hospital CPR saves performed by four nurses: Tabitha Bowser, Lauren Bradigan, Laura Overly, and Alexi Reddick (Krajnikovich). Vicki Williams and Greg Woodman both survived sudden cardiac arrest events with no neurological deficits because of the care that was provided to them prior to Emergency Medical Services arrival.

The initial Run For Your Life 5K held in October of 2023, was the motivation behind the start of The Run With Heart Foundation, a group of volunteers whose mission is to provide free CPR and AED training to members of the community.

Since officially becoming a non-profit in February of 2024, over 550 individuals have been trained in CPR and AED use. In addition to conducting community classes, Run With Heart has provided education at churches, businesses across Allegheny, Armstrong, and Butler Counties, as well as at multiple schools for teachers, students, and coaches. The executive team of Run With Heart is also actively lobbying to integrate CPR courses into Pennsylvania school curriculum. Most recently, Run With Heart has added a low cost First Aid option to the classes they teach.

Studies have shown that the initiation of immediate CPR on a witnessed cardiac arrest victim greatly increases the patient’s chance of survival. We endeavor to bridge the gap between the time of a cardiac arrest and the arrival of Emergency Medical Services.

We ask that you consider becoming a sponsor (see enclosed form) and/or a participant in this annual 5K to help us continue our mission as a nonprofit foundation. Thank you in advance for your support!



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SPONSORSHIP OPPORTUNITIES FOR THE RUN FOR YOUR LIFE 5K

Thank you for your interest in becoming a sponsor!

PLATINUM: \$1,000

Business name displayed on 1st tier of race shirt • 6 complimentary race tickets and 6 race shirts • 6 entries to win an AED

GOLD: \$500

Business name displayed on 2nd tier of race shirt • 4 complimentary race tickets and 4 race shirts • 4 entries to win an AED

SILVER: \$250

Business name displayed on 3rd tier of race shirt • 2 complimentary race tickets and 2 race shirts • 2 entries to win an AED

BRONZE: \$100

Business name displayed on 4th tier of race shirt • 1 entry to win an AED

Individual race tickets are \$30.00 per person / Location: Richard G. Snyder YMCA.
Please send the following information, including your company logo for recognition,
to Andy at andy@bradigans.com. All sponsor requests must be submitted by 9/23/25.

Sponsor Level: _____

Business name: _____

Contact person: _____

E-mail address: _____

Phone number: _____

Race Shirt Size: _____

Please make checks payable to:



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